

ACHY BREAKY HEART – danced to:

Achy Breaky Heart -- Billy Ray Cyrus (Faster)

Would You Believe -- The Mavericks (Slower)

Nitty Gritty -- The Mavericks (Moderate)

Catch a Wave – Beach Boys (Moderate)

Start with right grapevine, then tap left heel twice and left toe twice;

Grapevine to the left, $\frac{1}{4}$ turn left, then right heel twice and right toe twice;

Back up three steps starting with right foot (right, left, right), hitch left leg and slide up two steps (like Tulsa Time);

Cross right foot over left, then cross left over right;

Back up on right leg;

Kick, rock on left foot and stomp right.